

HOT ESPRESSO

ADD CARAMEL, FRENCH VANILLA, HAZELNUT OR CHOCOLATE TO BEVERAGE

SIZES

12oz 16oz 20oz

LATTE

espresso mixed with steamed, lightly foamed milk

CAPPUCCINO

espresso topped with foamed milk

MACCHIATO

foamed milk topped with espresso

AMERICANO

espresso mixed with hot water

MOCHA

espresso mixed with hot chocolate topped with lightly foamed milk, whipped cream & chocolate drizzle

HOT CHOCOLATE

rich chocolate mixed with steamed milk, whipped cream & chocolate drizzle

HOT COFFEE & TEA 12oz 16oz 20oz **ESPRESSO** SINGLE DOUBLE ADD SHOT

ICED ESPRESSO

SIZES

12oz 16oz 24oz

ICED LATTE

espresso topped with cold milk over ice

ICED AMERICANO

espresso extracted over ice and mixed with cold water

ICED MOCHA

chocolate mixed with espresso and cold milk over ice

COLD BREW

COLD BREW

smooth & sweet - coffee is slowly steeped in cold water and served over ice

NITRO GOLD BREW

cold brew infused with nitrogen for a rich, velvety experience - served without ice



OUR PRODUCE IS ORGANIC
AND LOCALLY SOURCED WHEN POSSIBLE

ALLTOWNFRESH.COM

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YOU CAN ENJOY ALLTOWN FRESH AT HOME WITH OUR
CHEF DESIGNED MEAL KITS OR CATERING SERVICES



BREAKFAST ANYTIME

BACON, EGG & CHEESE*

cage-free eggs, bacon, cheddar cheese, toasted brioche bun

SMOKED HAM, EGGS, MIKE'S HOT HONEY & CHEESE*

cage-free eggs, smoked ham, hot honey aioli, cheddar cheese, toasted brioche bun

SOUTHWEST SAUSAGE BREAKFAST SANDWICH*

cage-free eggs, chicken sausage, avocado, chipotle aioli, pico de gallo, cheddar cheese, toasted brioche bun

CHILAQUILES*

slow cooked cage-free eggs, local tortilla chips, roasted peppers, onions, pico de gallo, cilantro, garlic, salsa roja, queso fresco

BREAKFAST BURRITO*

slow cooked cage-free eggs, cheddar cheese, black beans, roasted peppers, onions, salsa fresca, cilantro, avocado, garlic

make it a bowl to be gluten-free

BREAKFAST SANDWICH ADD ONS

add chicken sausage
add bacon
add ham

add avocado
add cage-free egg*
sub gluten-free bread

sub bagel
sub wheat wrap for no cost

HOT BOWLS

WAGYU BARBACOA BOWL

tender wagyu beef, smoky chipotle salsa, black beans, roasted corn, cilantro rice, pickled red onions, shaved romaine

SPICY CHICKEN BOWL

luke's signature spice rub chicken, alabama white sauce, shaved romaine, celery, red onion, radishes

EGGPLANT SUGO BOWL

arugula, faro, braised chickpeas, spiced tomato sugo, charred eggplant, roasted peppers and onions, herbs, crispy parm, fried garlic

SHAKSHUKA*

two cage-free eggs poached in slow cooked tunisian style tomato broth with vegetables, chickpeas, greek yogurt, hawayje spice, crostini

OATMEAL

locally sourced cracked oats, freshly made, built the way you want it

add banana

add berries

add pecans

add maple syrup

TOASTED BAGEL WITH CREAM CHEESE

everything or plain bagel, your choice of scallion cream cheese, plain cream cheese, or local butter with sea salt

LOADED BAGEL

toasted everything or plain bagel, choice of scallion or plain cream cheese, smoked salmon, tomato, red onion, capers

AVOCADO TOAST

avocado, arugula and radish salad, black sesame, evoo, sea salt, lemon

add egg salad

add smoked salmon

CHICKEN TERIYAKI BOWL

vegetable brown rice, roasted peppers, soy glazed free range chicken breast, kimchi, furikake, fried garlic

sub tofu at no cost

CHILI CHICKEN BOWL

quinoa, grilled chicken, broccoli, shredded carrots and cabbage, green onion, cilantro, mike's hot honey chili-lime vinaigrette

sub tofu at no cost

SANDWICHES

COLD SANDWICHES

B.L.A.T.

smoked bacon, lettuce, avocado, tomato, garlic aioli

add chicken

CHIPOTLE TURKEY

smoked turkey, avocado, heritage bacon, cheddar, lettuce, tomato, chipotle aioli

FRESH PILGRIM

smoked turkey, cranberry-orange relish, lettuce, tomato

THE ITALIAN

salami, ham, provolone cheese, pickled eggplant, marinated peppers, tomato, romaine, caramelized garlic

BANH MI

smoked ham, pickled daikon, carrot and cucumber salad, house made nuoc chaum, sriracha cream, cilantro, mint

sub tofu at no cost

BUFFALO CHICKEN WRAP

buffalo dressed chicken, tomato, lettuce, blue cheese, celery, scallion, whole wheat tortilla

SANDWICH ADD ONS

sub gluten-free bread • sub wheat wrap at no cost • add bacon

SALADS

GREEN SALAD

locally sourced mixed greens, seasonal vegetables, vinaigrette (may contain nuts)

KALE CAESAR SALAD

kale, romaine, escarole, radicchio, parmesan frico, farm egg, garlic croutons, lemon, roasted garlic dressing

make it a wrap at no cost

SALAD ADD ONS

add grilled chicken • add chicken salad • add tuna salad

HOT SANDWICHES

GARNITAS TORTA

crispy slow cooked pork, cheddar cheese, avocado, roasted peppers and onions, pico de gallo, cilantro, salsa roja, lime crema, soft bun

PASTRAMI REUBEN

shaved pastrami, thousand island dressing, fermented cabbage, swiss cheese, traditional rye

FALAFEL WRAP

falafel fritters, garlic hummus, pickled eggplant, arugula, tomato and cucumber salad, zhug sauce, whole wheat tortilla

THE CUBAN

heritage pork, smoked ham, bread and butter pickles, swiss cheese, mustard, chipotle aioli

WAGYU STEAK AND CHEESE

seared wagyu roast beef, provolone, aioli, artisan roll

add peppers and onions

CAROLINA STYLE PULLED PORK

heritage breed pork, sweet pickles, southern slaw, tangy bbq sauce, soft bun

CHOP SALAD

romaine, chicory, local assorted vegetables, tomato, cucumbers, chicken, bacon, salami, egg, avocado, herbs, cheese, creamy green goddess dressing

GREEK SALAD

chicory mix, cucumber, cherry tomato, red onions, feta, avocado, marinated olives, pepperoncini, shabazi spice, grilled pita, lemon mint vinaigrette

SMOOTHIES

CHOICE OF MILK: WHOLE, SKIM, ALMOND, COCONUT, HEMP

AVAILABLE IN 2 SIZES

12oz

16oz

SMOOTHIE ADD INS

GREEN GLOW

spinach, kale, pineapple, avocado, banana, apple, cucumber, lemon, mint, choice of milk

hydrating, nourishing, rich in fiber, vitamin a, vitamin c, provides iron

POWER

banana, avocado, cacao, honey, almond butter, choice of milk

powerful balance of carbs, fiber & fat for sustained energy

AWAKE

cold brew coffee, banana, almond butter, cacao, honey, greek yogurt

boost of energy with protein & fiber

REFRESH

strawberries, blueberries, raspberries, cucumber, orange, coconut water

refreshing, hydrating with fiber & vitamin c

ESCAPE

pineapple, mango, banana, avocado, ginger, orange, coconut water

refreshing, hydrating, rich in vitamin c

KID'S MENU

STRAWBERRY-BANANA SMOOTHIE (12oz)

strawberries, bananas, apple juice, yogurt, whole milk

GRILLED CHEESE

cheddar on sourdough

SPIRULINA

sea vegetable that contributes protein, iron

FLAXSEED POWDER

contributes omega-3s, fiber

CHIA SEEDS

contributes healthy fats, soluble fiber

CACAO POWDER

contributes polyphenols

AVOCADO

contributes healthy fats, fiber

ALMOND BUTTER

contributes fiber, healthy fats, protein

GREEK YOGURT

contributes protein and potassium

PEA PROTEIN POWDER

contributes iron and 14g of protein



ASK ABOUT CATERING AND MEAL PREP KITS!

Before placing your order, please inform us if a person in your party has a food allergy.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.